

Roundworms in Dogs and Puppies

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Toxocara Canis and *Toxocara Leonina*: Roundworms of Dogs and Puppies



Photo courtesy of Morguefile

There are two species of roundworms affecting dogs and puppies: *Toxocara canis* and *Toxascaris leonina*. Both are treated with the same medication protocol so when eggs are seen on a fecal flotation exam, it may not be necessary to determine which species is present. *T. leonina* can infect both dogs and cats, so identifying this roundworm might be helpful in indicating which pets in the household are at risk for further contagion.

Note: Fresh feces are not infectious.

FRESH FECES DO NOT CONTAIN THE INFECTIOUS STAGE OF *T. canis*.

WORM EGGS REQUIRE 30 DAYS TO BECOME INFECTIOUS, MEANING IT IS CONTAMINATED DIRT THAT IS INFECTIOUS TO PEOPLE AND ANIMALS.

Toxocara Canis

How Infection Occurs

Toxocara canis is the most common roundworm of the domestic dog, and it is not able to infect cats. Its presence can go completely without symptoms although more likely it is going to create some degree of diarrhea and possibly vomiting or general unthriftiness in its canine host. Its life cycle is somewhat complicated, as we are about to see.

- Consuming infective worm eggs from soil in the environment (generally through normal grooming/self-licking).



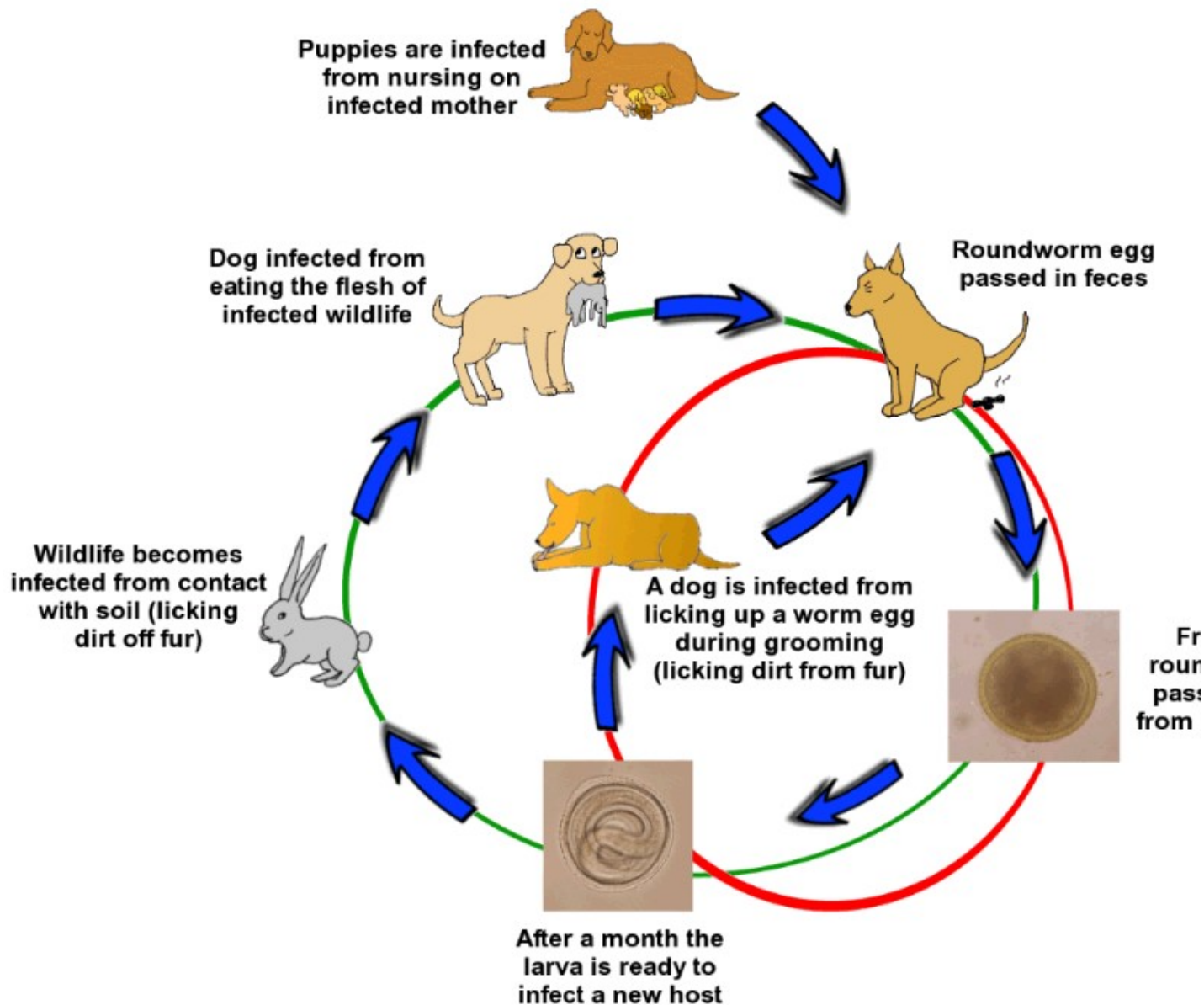
Adult *Toxocara canis* worms. Photo by Flukeman via Wikimedia Commons.

- Nursing from an infected mother dog.
- Consuming a prey animal (usually rodent) that is carrying developing worms.
- During embryonic development when an infected mother dog is pregnant (most puppies are infected this way).

Note: cats cannot be infected with *Toxocara canis* but humans can.

Life as a Roundworm

Toxocara canis has one of the most amazing life cycles in the animal kingdom. It is helpful to understand this life cycle if effective treatment and prevention are to be pursued.

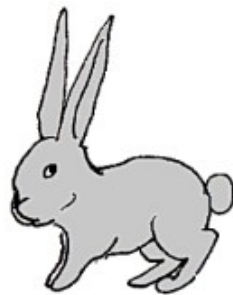


Photocredit for fresh egg: Joel Mills via Wikimedia Commons; Photocredit for developed egg: Flukeman via Wikimedia Commons; all the rest: original graphics from marvistavet.com

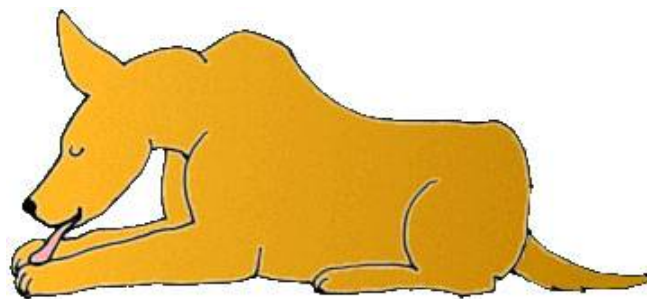
Step One: *Toxocara* eggs are passed in the host's feces where they can be detected if a fecal sample is tested. Feces, and any worms eggs therein, are deposited on the ground where they are rained on, dried by the sun, stepped on, etc. The worms are developing during this time and are not infectious to new hosts until they have developed for about a month. By that time, the original feces has long since melted away into the ground and is no longer evident. It is the dirt that contains infectious eggs. *Toxocara* eggs are famous for weathering harsh environmental conditions. Eggs can remain infective for months to years.

Note: Fresh feces are not infectious. Soil contaminated with feces is infectious.

Step Two: The egg containing what is called a second stage larva is picked up from the dirt by a dog or by some other animal, usually in the course of normal self-grooming. The egg hatches in the new host's intestinal tract and the young worm burrows its way out of the intestinal tract to encyst in the host's other body tissues. If the new host is a dog, the life cycle proceeds. If the new host is a member of another species, the larvae wait encysted until the new host is eaten by a dog.



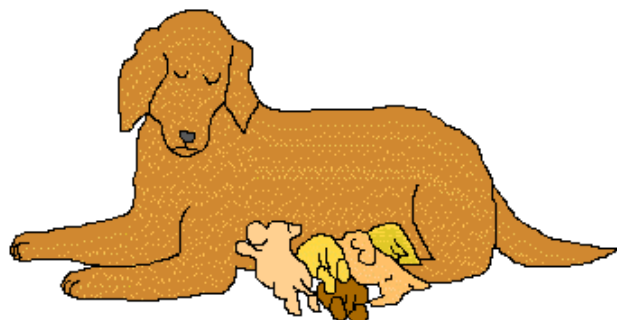
Graphic by MarVistaVet



Graphic by MarVistaVet.com

Step Three: These second stage larvae can remain encysted happily for years. If the host is a puppy under age 6 months of age, the larvae mostly encyst in the host's liver. In older dogs, the larvae encyst all over the body. When the time comes to move on, the larvae excyst and migrate to the host's lungs where they develop into third stage larvae. They burrow into the small airways and travel upward towards the host's throat. A heavy infection can produce a serious pneumonia. When they get to the upper airways, their presence generates coughing. The worms are coughed up into the host's throat where they are swallowed thus entering the intestinal tract for the second time in their development.

If the host is pregnant, the larvae do not migrate to the lung after they excyst; instead they home to the uterus and infect the unborn puppies. The second stage larvae make their way to the puppies' lungs to develop into third stage larvae.



Graphic by MarVistaVet

If the host is a nursing mother, she secretes third stage larvae in her milk for the first 3 weeks after giving birth. These larvae simply find themselves in the puppy's intestinal tract where, at this stage, they do not need to migrate but can settle in and begin mating. Puppies can be infected by drinking their mother's milk, though, due to the intrauterine cycle described above, the litter would probably already be infected.

Note: When dogs are dewormed with traditional dewormers, this affects only

worms in the intestinal tract. It does not affect encysted larvae. It is difficult to prevent mother-to-puppy transmission and routine deworming is not adequate. It is possible to prevent infection in unborn puppies by using a specific daily protocol of fenbendazole (your veterinarian can provide details) or with the new generation product AdvantageMulti® that contains moxidectin.

Step Four: Once back in the intestine, the larvae complete their maturation and begin to mate. The first eggs are laid about one week after the larvae have arrived in the intestine and finished molting into their adult stages (about 4 to 5 weeks after infection has first occurred). From here the cycle repeats.

Why is Infection Bad?

Roundworm infection can have numerous negative effects. It is a common cause of diarrhea in young animals and can cause vomiting as well. Sometimes the worms themselves are vomited up which can be alarming as they can be quite large with females reaching lengths of up to seven inches. The worms consume the host's food and can lead to unthriftiness and a classical "pot-bellied" appearance. Very heavy infections can lead to pneumonia as the worms migrate and, if there are enough worms, the intestine can actually become obstructed.

It should also be noted that human infection by this parasite is especially serious (see below). It is

important to minimize the contamination of environmental soil with the feces of infected animals so as to reduce the exposure hazard to humans and other animals. In other words, dog feces should be removed and discarded promptly before worm eggs permanently contaminate the local dirt.

How do we Know if our Dog is Infected?

You may not know if your dog is infected, and this is one of the arguments in favor of regular deworming. Regular deworming is especially recommended for dogs that hunt and might consume the flesh of hosts carrying worm larvae. Puppies are frequently simply assumed to be infected and automatically dewormed.

Of course, there are ways to find out if your dog is infected. If a dog or puppy vomits up a worm, there is a good chance this is a roundworm (especially in a puppy). Roundworms are long, white and described as looking like spaghetti. Tapeworms can also be vomited up but these are flat and obviously segmented. If you are not sure what type of worm you are seeing, bring it to your veterinarian's office for identification.

Fecal testing for worm eggs is a must for puppies and a good idea for adult dogs having their annual check up. Obviously, if there are worms, they must be laying eggs in order to be detected, but by and large fecal testing is a reliable method of detection.

How do we get rid of Roundworms?

Numerous deworming products are effective. Some are over the counter and some are prescription. Many flea control and/or heartworm prevention products provide a monthly deworming that is especially helpful in minimizing environmental contamination. Common active ingredients include:

- Febantel (active ingredient in Drontal and Drontal plus)
- Pyrantel pamoate (active ingredient in Strongid, Nemex, Heartgard Plus and others)
- Piperazine (active ingredient in many over the counter products)
- Fenbendazole (active ingredient in Panacur)
- Milbemycin oxime (active ingredient of Interceptor, Sentinel, and Trifexis)
- Moxidectin (active ingredient in AdvantageMulti).

There are two important concepts to keep in mind about deworming. Medications essentially anesthetize the worm so that it lets go of its grip on the host's intestine and passes out with the stool. Once it has been passed, it cannot survive in the environment and dies.

This means that you will likely see the worms when they pass, so be prepared as they can be quite long and may still be alive and moving when you see them.

The other concept stems from the fact that all the larvae in migration cannot be killed by any of these products. After the worms are cleared from the intestine, they will be replaced by new worms completing their migration. This means that a second and sometimes even a third deworming is needed to keep the intestine clear. The follow-up deworming is generally given several weeks following the first deworming to allow for migrating worms to arrive in the intestine where they are vulnerable.

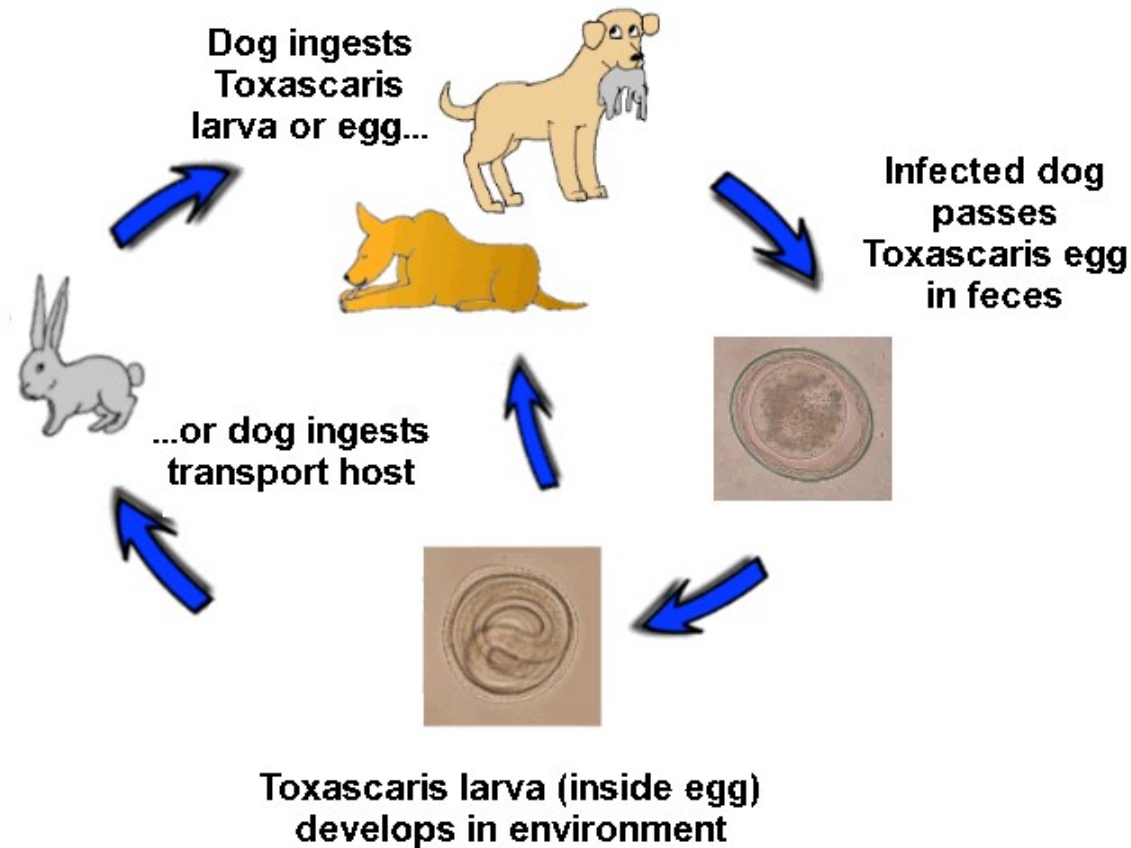
Do not forget your follow-up deworming.

Toxascaris Leonina

The life cycle of *Toxascaris leonina* is not nearly as complicated. *T. leonina* does not migrate through the body in the way that *Toxocara canis* does. Instead, the fresh egg is passed by the host in feces, develops into an infectious embryo in the environment, and is swallowed by the new host. The *Toxascaris* egg develops much faster than the *Toxocara* egg and can be ready for its new host as soon as one week from the time it was passed. Once inside the host, however, *Toxascaris* development becomes slower. The young worm lives in the host intestine without migrating through the body and becomes a mature worm in 2-3 months. Like *Toxocara*, *Toxascaris* can be picked up by wildlife and the canine or feline host can be infected through hunting and consuming prey.



Toxocara egg. Joel Mills via Wikimedia Commons.



Photocredit for fresh egg: Joel Mills via Wikimedia Commons; Photocredit for developed egg: Flukeman via Wikimedia Commons; the rest: original graphics by marvistavet.com

Note: *Toxascaris leonina* can infect both dogs and cats alike.

For More Information

The Companion Animal Parasite Council has an educational site for pet owners on roundworms. See [Pets and Parasites](#) for more information.



Photo courtesy of
Morguefile.com



Photo courtesy of U.S. Fish
and Wildlife Service

See more on roundworms in cats, and on roundworms in people.

URL: <https://veterinarypartner.vin.com/doc/?id=4951364&pid=19239>

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